



THE HAROLD

an american bistro

■ GLUTEN-FREE ● VEGETARIAN

STARTERS

FLIGHT OF DIPS 14

roasted eggplant, tzatziki, lemon hummus, spicy feta, warm naan

● BURRATA DI BUFALA 14

heirloom tomato jam, fresh basil, black garlic sauce, sesame flatbread

CRISPY WILD CALAMARI 16

kim chee, grilled scallions, sweet thai chili sauce

● CLASSIC MAC & CHEESE 16

aged NY cheddar, gruyere, bechamel sauce, crispy panko, fresh thyme

FRENCH ONION 12

fresh vidalia onions, charred gruyere, toasted filoni

MAINS

■ PAN SEARED SALMON 25

organic atlantic salmon, kuromame, haricot verts, snow peas, yellow squash, ginger sauce

FISH & CHIPS 22

fresh boston cod, IPA tempura batter, crushed peas, omani-lime tartar sauce, malt vinegar

FISH TACOS 18

tempura battered boston cod, upland cress, chili ancho cream, ranchero salsa, cilantro rice

■ GRILLED CHICKEN PESTO SANDWICH 18 | gluten-free bun +2

smoked mozzarella, beefsteak tomato, upland cress, basil aioli, focaccia

■ HOUSE BURGER 22 | gluten-free bun +2

short rib/brisket blend, applewood bacon, maple smoked cheddar, caramelized onions, french fries

HAROLD'S COBB SALAD 18 | add chicken +5, salmon +6, steak +6

applewood bacon, avocado, quinoa, point reyes® blue cheese, pete&gerry's® organic egg, blue cheese dressing

● WILD MUSHROOM PAPPARDELLE 20 | gluten-free pasta +2

fresh shiitake & oyster mushrooms, oven-dried tomatoes, kale, asparagus, parmigiano, fresh sage, truffle oil

GRILLED CHICKEN SPAGHETTINI 20 | gluten-free pasta +2

choice of sauce: fresh tomato & basil or pinenut pesto

■ BRICK CHICKEN 26

half chicken, grilled asparagus, whipped potatoes

■ NEW YORK STRIP 39

14oz center cut served with organic greens, french fries, or whipped potatoes

SIDES

APPLEWOOD SMOKED BACON 8

FRENCH FRIES 7

SWEET POTATO FRIES 7

TRUFFLE FRIES 8

WHIPPED POTATOES 8

WE SUPPORT LOCAL, NATURAL, SUSTAINABLE & ORGANIC PRACTICES WHENEVER POSSIBLE

18% Gratuity will be added to any parties of 5 or more.

Consuming raw or undercooked meats, poultry, seafood or shellfish may increase your risk of foodborne illnesses.

• Please let your server know of any allergies as not all ingredients are listed on the menu •